



Strong Family Farm

2020-2021 Annual Report



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860-874-9020
info@strongfarm.org
www.strongfamilyfarm.org

A Word from Interim Executive Director Nancy Strong –



As we approach the end of this intense and challenging year, I want to express my deepest gratitude to the many generous donors who have continued to support our work to preserve, protect and provide our historic family farm in Vernon Center.

Thanks to all our loyal supporters like you, we have accomplished more than we imagined we might back in March last year:

- * walking paths cleared and farmland reclaimed on our now protected 51 acres of farmland
- * newly acquired Civil War era red barn stabilized and sills replaced
- * continued raised bed garden and backyard chicken programs outside with masks
- * annual 5k chicken run/walk held virtually and annual scarecrow contest bigger and better than ever
- * successful membership drive that more than doubled our membership – 170+ new members!
- * record store sales of CT grown and produced items

Someone asked me what I like most about my job. There are many aspects that are fulfilling and humbling; but knowing our community (and my) family farm will forever be a farm and farm experiences shared with others is hands down the most gratifying. **There are very few investments in life that are permanent. Preserving a family farm is one.**



Our Mission

The Board of Directors have been word crafting our mission this year. The mission as adopted in 2013 is “to provide a historic agricultural learning center, where children, families, individuals and community groups can experience an authentic family farm experience.” It still holds true today. Over the past years, with the help of so many of you, we have been able to PRESERVE and PROTECT the Strong farmland. So often, enthusiastic ideas for change and activities come up. That’s when you need to reach back to this original mission and ask, “is this an authentic family farm experience?” This mission is the cornerstone of this organization and still holds true. This is the Strong family’s legacy and they are very proud that our community has stepped up and supported our mission. The Strong farm is the community’s legacy for future generations to experience. We thank all of you for your continued support.

A Word from our President

Dear Fans and Supporters of Strong Family Farm,

Another year of success and progress for the Strong Family Farm! A wonderful and dedicated group of volunteers led by the untiring Nancy Strong has brought us further down our path. It's unbelievable! Nancy's leadership has created a healthy, focused and energetic organization.

But this past year has had a curve ball thrown at the Strong Farm, as has the rest of the world.



- We have entered the sixth year of our Farm Store! Currently the store is our face of the Farm to the community. Vernon and surrounding towns support the store and enjoy the Connecticut grown and made products we bring to our communities. We continue to add new products and expand our variety of CT made and grown goods. And don't forget to check out our "Vintage Estate Shop" while you are shopping.
- Many of our own events, the Harvest Festival, the Chicken Run, the Civil War Kids' Camp and our other events are past their initial years and provide enjoyment for attendees and activities that bring new visitors and perhaps inspire future farmers. We had to cancel these events last year, but coming up this fall we will hold our "Chicken Run" live and "on-farm" and will bring back our Harvest Fest this fall.
- Strong Farm was reunited with the two parcels that left us in prior years. As we continue to be good stewards of our "heritage", we are working with a farmer to renovate the parcel on West Road back into a farmable field and continue the farming on the Route 30 parcel.

We will continue to progress. When we do, let us remember what came before us and bring that strength, direction, focus, hard work and thought into the future with us. We have an organization that we can be proud of, the Town can be proud of and, if I dare say, Norman Strong would be proud of, too. We reap what we have sown and the Strong Family Farm is the result of what has been sown before us. We continue to sow and we see the truth of this statement in the progress made, preservation captured and the programs and events held at the Strong Family Farm! Here is to a wonderful and vibrant future.

Brian Motola, President

"I was here thinking how much I'm enjoying the garden plot. Strong farm has been my neighbor after working at Center Rd. School for over 25 years. I have so many memories....cows ending up on the school playground, and our principal chasing them...and many more. You've done an amazing job keeping the farm up to date with today's society and culture. Your dad would be proud. Thank you for everything you do. I'm loving being a new gardener." -Beth K.

The Year in Review

First of all, how are you and your families? We hope that you are all well.

At the farm, rather than lament time lost by the pandemic, we decided to look for things which we could be grateful this year? Was there any good to come of the pandemic? Here's what we found:

- We could keep moving ahead even in a lock-down.
- You strongly supported our limited events and services.
- The farm store never saw as many new faces or as much new business.
- We kept moving together!

Looking at everything that has happened in the past year through the lens of appreciation, we are incredibly thankful that our supportive community stayed with the farm and with ever more determination than ever before. We are ready to continue to light up this historical part of Vernon.

Programs and activities from this year include:

- **FARMLAND PRESERVATION:** The farmland deeded to SFF last year was worked and managed over the course of the year. There are now public paths and signage in place so that walks and big views are available to the ambling public. Parts of the land continue to be tilled and worked by Hytone family farm which is part of The Farmer's Cow. This land on West Street and Route 30 will forever remain in agriculture thanks to you.
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- **CHICKEN RUN – 8TH Annual!** On your mark, get set, register for the 8th annual SFF annual 5k Chicken Run to be held, in-person this year on September 5, 2021. The race is always a clucking success and even if you don't run, the farm is a fun place to be on a joyful fall Sunday morning. We are greatly appreciative of all our returning sponsors this year who support not only the race but the farm.
- **RAISED BED GARDENING – Food, glorious food.** You can't know true enthusiasm for vegetable gardening until you don't have to bend over to pull out weeds. Spade, eat and love what you can grow in SFF raised bed gardens! The project continues with enthusiastic and new "green-thumbers" each year. All beds were spoken for early and now tilled and loved. We thank Dan Gallagher, Master Gardener and Composter, for his continued dedication and direction to us all in the gardens. (AND for the new compost bins built out of pallets. He did this one hot day with his brother. Many thanks!)
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- **FARM STORE** – The verdict is in Our farm store is a success! It has withstood the test of time, and marketing, and is now a community fixture. We scour the state to look for products made and grown here, with emphasis on local produce. We challenged you to help us help Connecticut farmers and entrepreneurs and you responded. It is truly wonderful to see you each week at our little treasure of a store. Please keep coming!



- **SCARECROW CONTEST** – The largest group ever participated in our 8th annual contest and joined us in the award ceremony that was filmed and available to view through our website. We can't wait for the next wave of creativity. The event keeps growing with more creative entries.

- **BACKYARD CHICKEN PROJECT** – With a small group of enthusiastic families, we held our 7th year of the backyard chicken program. We had a costume party and a short parade where they went off to our friends at Burbank Bend Farms where they are top egg layers. This March for our 8th year, wee chicks arrived in the mail, peeping fuzz balls in a cardboard box and the class filled up fast to have our Chicken Leader Alexis Carmicheal give a series of lessons, hands-on activities and introduction to all on the wonderful world of laying hens. Soon they will lay eggs, which can be purchased at the farm store.



- **COMMUNITY SERVICE HOST** – RHS Agricultural Science Technology Education (ASTE) program students continue to volunteer on the farm. We said goodbye to Kristyne Bussiere who has been with us for 4 years and welcome Olivia MacFarland to join Jacob Niemczyk (now a Junior!) in working to do the many yearly tasks that need to be done on the farm. Kristyne mentioned that the best part of being here at the farm is that you never do the same thing – every time it's something different. By the end of her senior year, she was reminding Nancy on tasks that needed to be done. We will miss her greatly.

- **THE BEES** - We say goodbye to our RHS ASTE bee specialist Jessica Donovan, who moved out of Town and donated all her hives to the farm. Walt Moody, our Apiarist, is now retired and is almost full time beekeeping. We have Christina Martin and Taylor Nicholas step forward with interest, and Julie Clay and maybe one more interested party might join us to take care of our bees.



- **4-H MEETINGS HOST SITE** – We are so happy to still be hosting the “Hop-A-Long Gang” 4-H Club here at the farm and the group is growing with new members and rabbits. Sadly, Jen Smith-Manley is retiring as their expert leader, but Siena Rosato has stepped up to be their leader this coming year.



Fixtures on the Farm:

Volunteers – The work of non-profits would cease without volunteers. Nonprofits would shut down and we would much poorer culturally, historically, socially, educationally - you name it - without volunteers. From our volunteer landscapers to our instructors, weeders, cleaners, sweepers, builders, shovelers, painters, exhibitors, fetchers, haulers, lifters and other do-gooders, SFF RUNS ON VOLUNTEERS! Volunteers run on a sometimes inadequate thanks but experience a sense of accomplishment and community participation. Our biggest thanks!!!

The Big Yellow Barn – Work is underway to finish restoration of the barn, add some new doors and get a certificate of occupancy for the hay barn section so that we can host events and rent out to small groups.

The Civil War Red Barn on the newly acquired property Hartford Turnpike basement was stabilized and now we are moving on to more foundation repairs, window repairs and a new roof.

Memorial Orchard – BEST PLUMS EVER last year in spite of the draught. The apples and pears remained on the trees to supply the bees with nectar. Each year this orchard is the staging platform for many red-winged blackbirds who come to the farm to raise their young in the tall grasses next to the wetland in the pasture. We delay mowing the field each year to allow for this event. For those of you who helped create the orchard with your memorial donations, your gift keeps on giving.

Fence Post Memorials – Don't forget to take a stroll and see the names of our neighbors and friends who have supported the farm by sponsoring a new fence post or rail and remembering those dear to them on memorial plaques. It is a heartwarming experience. We have only 4 more posts to be donated but many more rails available! Many thanks to this project's biggest supporter, Dan LeBlanc, who has honored so many great people and businesses in our town that shouldn't be forgotten.

A Peak into the Future:

New Programming – We are always looking for new events, series, demonstrations and activities to build on our mission. Some ideas include: a spring green-thumb festival to kick off growing season; a big bad barn sale so that the public can bring their own yard/barn sale treasures to sell in one big, happy event; an enhanced and expanded Harvest Festival; a Christmas/holiday seasonal sales program; more lecturers on historical and farm-themed topics; children's programming; hands on planting and other growing events.

Commercial kitchen – At the opposite end of the hay barn is an existing chicken house shed row. We envision a commercial kitchen with a classroom and restrooms. The commercial kitchen will be used by the community allowing them do canning, make jams, and produce other marketable products. This can be for farm sales, home consumption, or other commercial uses. Workshops and classes will be held in the kitchen and the classroom. The kitchen will also serve as the staging area for farm dining experiences and/or for caterers to support other events.



Landscaping and gardens – As you will notice, the six acres of farmland are slowly being transformed into both commercially viable gardens, beautiful native wildflower, and cultivated flower landscapes. Adjacent to the memorial orchard, standing at the west end of the field, a pond could be carved and landscaped from the lowland section of the pasture to attract more native birds. Walking paths, sitting areas and livestock viewing areas are envisioned so that the entire property can become a destination, natural experience. Tall plantings on the edges of the pasture will camouflage the outside structures to make the property picture perfect.

Infrastructure – A new electrical system was needed at the barn to accommodate all of the new projects. A commercial meter and wiring were installed, paving the way for future electrical and plumbing projects. The next infrastructure will likely be water and sewage for visitor restrooms and a commercial kitchen.

Museum Area – We envision a Strong farm museum to be in the dairy barn. This will trace the history of the “family farm” from its beginnings in 1878 to present day. The story is similar story of all family farms, which started as a way of self-preservation and in the 1940s grew to feed all the community.

Old Garage – Our vision is to have the 1920s garage on the property (where the hired hand and Norman Strong slept upstairs) turned into a library/office/handicapped bathroom and upstairs apartment totally off the grid!

**Board Members –
2020-21**

The Board of Directors is looking for individuals who feel strongly about our work, to serve with the members of the Board on the Steering Committee, Programming Committee, Building/Grounds Committee, Garden Committee, Store Committee, Marketing/Publicity Committee and Fundraising Committee. If you are interested in joining any of these committees, please call or email info@strongfarm.org for more details.

Board of Directors 2000-21

- President: Brian Motola
- Vice President: Wendy Wanchak
- Treasurer: Claudia Steele
- Secretary: Nancy Strong

Board members at large:

- Michael Nelson
- Katie Riordan Napolitan
- Ellen Marmer
- Carl Schaefer

Interim Executive Director – Nancy Strong

Steering Committee:

- Richard Steele
- Lori Sanchez
- Judy Olivieri
- Alexis Carmicheal
- Lynn Johnson
- Loyd Johnson
- Ellie Swan
- Lisa Moody
- Theona Wheelock
- Kris Veins
- Cecily Robinson
- Jeanette Smith
- Members of the B.O.D.



“Thank you for all your hard work retaining Vernon’s rural heritage.” – Joe Courtney

Financial Statement:

We always thank all who support the farm by generously giving their time and financial support. This year when most nonprofits are struggling to survive, we were honored by the support of over 170 new members who had supported the preservation of the farmland and now have shown their commitment to the continued preservation of the farm. We thank you from the bottom of our hearts.

12:03 PM
07/08/21
Accrual Basis

Strong Family Farm Profit & Loss Budget vs. Actual July 2020 through June 2021

	<u>Jul '20 - Jun 21</u>	<u>Budget</u>
<u>INCOME</u>		
Public Grants (COVID Relief - SHPO)	\$1,000	\$8,000
Individual Business Contributions	\$15,424	\$16,000
Store Sales	\$23,061	\$20,000
Misc Other Income	\$158	\$0
Program Income		
Membership Dues	\$13,892	\$7,000
Program Service Fees	\$702	\$1,000
Chicken Run	\$1,488	\$4,000
Harvest Festival	\$0	\$1,000
Garden	\$100	\$0
Adopt a Chicken	\$1,001	\$750
Total Program Income	\$17,182	\$13,750
Rentals	\$400	\$1,000
<u>TOTAL INCOME</u>	<u>\$57,255</u>	<u>\$58,750</u>
Minus Cost of Goods Sold	\$16,232	\$15,000
<u>GROSS PROFIT</u>	<u>\$40,993</u>	<u>\$43,750</u>
<u>EXPENSES</u>		
Business Expenses - Fess	\$170	\$1,000
Contract Services - Acct., Legal, Contracts	\$5,577	\$5,800
Facilities and Equipment		
Equip Rental and Maintenance	\$8,721	\$1,000
Property Insurance	\$1,485	\$1,000
Property Tax	\$4,652	\$1,800
Rent, Utilities	\$757	\$10,000
TOTAL Facilities and Equipment	\$15,615	\$13,800
Operations - Mailings, subscriptions, suppl	\$3,970	\$3,000
Misc Expenses - Program, Ins., PR	\$1,966	\$4,000
Payroll Expenses	\$9,385	\$9,000
Conferences, Travel and Meetings	\$369	\$600
<u>TOTAL EXPENSES</u>	<u>\$37,052</u>	<u>\$37,200</u>
<u>NET INCOME</u>	<u>\$3,941</u>	<u>\$6,550</u>
<u>ASSETS -</u>		
CURRENT SAVINGS/CHECKING	Jun '21 \$97,535	Jun '20 \$93,445
PASTURE ACREAGE	\$225,970	\$225,970

WELCOME SO MANY NEW MEMBERS!!!

Our heartfelt welcome to the 170+ new members that helped up save the pastures and now have joined us as members! This year would not have been a success without you! AND thank you to our faithful returning members for your continued support, particularly in these challenging times.

We promise to keep going here at the farm and with your support it will be here for future generations to experience!

Pamela Abbott	George & Gail Carroll	Cynthia Ferguson
Chery J. Abbott	Richard & Antonia Carterud	Carol Formica
Allen Alleman	Vincent & Cynthia Castagno	Katherine Fowler
Leslie Ames	Salvatore & Catherine Cerrigione	Gregory Ferruolo
Andresen Electrical Services LLC	Emily Aberle Champ	Carol A. Gadbois
George & Joan Apel	Carol Chappel	Edward Gaines
George & Shirley Arthur	Phyllis Chase	Peter Gavarrino
Fred & Cherie Arzt	Charles & Carol Chatterton	Mary Gelezunas
Aussakita Acres Farm	Nancy Choma	Gordon Gibson
Meghan Bard	Richard & Julie Clay (Life)	Ginny Gingras
Tom & Donna Barnas	Thomasina Clemons	Fred Goff
Cindy Barnes	Michael & Cindy Colombaro	Daryl-Lynne & Eric Gottier
Carol Barry	Tom Connelly	Barbara Greenleaf
Mariellen Baxter	Audrey & Joe Courtney	David Grunberg
Don Bellingham	Stan & Judie Culy	William & Diane Gutzmer
Charlotte Benson	Robert & Terri Cusson	Thomas & Linda Hamlin
Roger & Rachel Blais	Kathie & Al Cyr	Lempi Hannaford
The Blumers Family	Rebecca Daigle	Judy Hany
Vincent & Peggy Bologna	Mary DalPorto/Michael Fulks	Karl Hasel
Richard & Carol Bowman	Linda Danehy	Phil & Cindy Hays
Judy Braese	Thomas & Nancy Davenport	Cheryl Hazen
June Bray	Dottie Davies	Maureen Hevey
Carol Brennen	Jo-Ann Dean	Virginia Hickton
Laurie Brooks	Dudley DeCarish Jr.	William Hindes
Linda and Dick Brown	John & Judith DeBene	Barbara Hinsdale
Paul Brown	David & Janet Dexter	Jean Hopkins
Shirley Bryant	Brian & Mary Dimock	John & Marcia Horan
Richard & Annette Burgess	Pamela Dombek	Lucille Horn
Carol Burke (Life Member)	Ellen Donadio	Gordon Howard
John & Margaret Bycholski	Lindsey Dunlap	Nancy & Richard Huebner
Barbara Campbell	Suzanne L. Dunlap	Adam & Rachel Huntley
Helen Campbell	Joe & Etienne Duplessie	Bob & Lorraine Hurd
Donna Carnelli	Michele Eddy	Beverley Hyde
Jerlyne & Christopher Caron	Cynthia Fagan	Charles Iadaresta
Denise & Ed Caron	Tim & Lynn Fahy	Karin James

Janet Jandreau
 Claire Janowski
 Kurt & Ann Johnson
 Lynn & Loyd Johnson
 Angela Johnson
 Joyce Jordan / Dave Conant
 Dennis & Tamara Joy
 Barbara & Richard Jubinville
 Beth Kellogg
 Beverly Kelly
 George & Margie Kelly
 Judy & Russel Kelly, Jr.
 Devin & Melanie Keyes
 Susan Knorr
 Kurt & Kelly Knotts
 John & Sara Koziol
 Chris Kunz
 Rita Labato
 Peter Ladd
 Ed & Louann Landsberg
 Robert & Suzanne Langone
 Shirley Lanz
 Deborah Lavoie
 Daniel J. Leblanc
 Joe & Paige LeBlanc
 Stephen & Marsha Ledger
 David & Linda Lee
 Ann & Bob Letendre
 Ron & Maryann Levesque
 Donald J. Lewie
 Kathleen Lewis
 Jean & Bruce Luddy
 Lorraine & William Magnotta
 Susan & James Malanga
 George & Mary Males
 Steve & Candy Malinoski
 Paul & Pat Margelony
 Mr. & Mrs. Carmine Margiotta
 Dr. Ellen Marmer, M.D.
 Martello Painting & Wallpaper
 Gloria Martocchio
 Sandra McNally
 Harriet Mead

Karen Meehan
 Erik Meyers
 Gail Meyers & Ed Jaworski
 Mary Ann Mierzwa
 Gloria Miller
 Nancy Mocadlo
 Karen Montgomery Risley
 Lisa Moody
 Walter and Erin Moody
 Julio Morales Jr.
 Sylvia Morgan
 Beverly Morin
 Kirk & Maryann Morris
 Meredith Moseley
 Brian & Penny Motola
 Barbara Muldoon
 Jan & Tony Muro
 David Murphy
 Katie Riordan Napolitan
 Mike Nelson family
 Marie & William Nelson Jr
 Ann & Rich Nevelos
 Al & Marilyn Newton
 Wil & Julie Nicholson Family
 Frank & Claire Niederwerfer
 Karl and Sue Niederwerfer
 Merrillyn Niederwerfer Cummings
 Mary Noelte
 Gregory & Patricia Nye
 Bill & Millie Oliphant
 Nancy Orlowski
 Dorothy & Lee Paquette
 Amy & Gordon Patterson
 Lisa Perrone
 Becky & Ross Person
 Hans Petersen
 Bruce E. Pfalzgraf
 Eileen & Dick Phelps
 Michalina Pietras
 Dennis & Karen Plevyak
 Wayne & Julie Polansky Family
 Glen Potter
 Scott & Beth Powell

Dick & Barbara Quinby (Life)
 Richard Jr. & Lisa Quinby (Life)
 Beth Quinby Andresen (Life)
 Wayne Reiske
 Shireen Rhoades
 Barbara Richmond
 Jaime Rizner
 Dr. Amanda Rizner Chrisman
 John & Kathryn Rizzo
 Chris & Sue Robare
 Rockville Community Alliance
 Joseph H. Rodgers
 Jon Roe
 Jacqui & George Roraback
 Joanne & Winston Rose
 Blanche Ross
 Ruchin & Associates LLC
 Carol Rudert-Lyons
 Marjorie Sanborn
 Lori Sanchez
 Steven Scanlon Sr.
 Carl & Polly Schaefer
 Tom Schirmer & family
 Jeff & Janet Schmidt
 Tina Seekins
 Denise Seney
 Thomas & Margaret Shea
 Mary Shea
 Al & Diane Sheridan
 Paul Shimer
 Chris Sickler family
 Ann & Tony Silvestro
 Ed & Carole Slattery
 Herbert Slicer
 Charlyne Smith
 Theresa Sohacki
 Joel and Gail Sokolov
 Margaret Sorenson
 M/M Ralph Peter Sorenson IV
 Rose Spafford
 Elaine & Gary Spieker
 Joe & Judy Spillane
 Madeline & James St. Germain

Lorraine Staley
Richard & Claudia Steele
Nancy Steffens/Bob Felber
Catherine Steinnagel
Mark Stephanou
Nancy Strong (Life)
Bob & Kathy Sumislaski
Pamela Sutkaitis
Elly Swan
Tom & Lynn Sweet
John Talcott III
Sharon & Frank Tarala
Richard & Ruth Tavolieri
Nancy Talyor Dunn
Don Tenerowicz
Elizabeth Thomas

Ada Thompson
Valerie L. Thompson
Angela M. Tolisano
Stephen & Cynthia Tolman
Nancy Traut
Elizabeth & Donald Tremblay
Annmarie Tremont
Nancy & Steven Trinks
Irene Turner
Thad Valenski
Vernon Police Association
Dan Villeneuve
Beth Villodas
Lisa Viola
Ann Carolyn Waltman
Wendy Wanchak (Life)

Doreen Ward
Betty & Bill Wardrop
Nancy Weissmuller
The Westerberg Family
Theona Wheelock
Dan & Isabelle Whelton
Nancy & Tom Whitman
Scott & Mandy Wieting
Pete & Judy Wind
Michael & Phyllis Winkler
John Wraight
Joanne Wright
Bradford Wright
Lisa & Sheyland Young



“We are most grateful to you for providing us with wholesome and delicious foods over the years! Thank you. It’s always a pleasure to come to the Farm, as everything is pastoral and the atmosphere is most welcoming. We so love the events and the fence post displays in the fall! Oh and the beautiful chickens are a delight to see and watch!” –Miriam & Howard

Special Thanks to our faithful SFF Volunteers during this COVID YEAR!

All the BOD & Steering Committee members
 Michalina Pietras, CPA
 Laurie Sanchez and her special chickens/books
 Judy Hany – Chicken Promotion & Supporter
 Kris Viens and family & Girl Scout Troop
 Carl Schaefer and crew clearing pastures
 Robert Arthur clearing our paths
 Jon Roe and Vernon Volunteers Collaborative
 Theona Wheelock
 Nancy Rowe Huebner
 Dan Gallagher, Garden Program Master
 Robert Hurd, Architect
 All at CT Dept. of Agriculture
 SFF Proof Readers
 Liz Bologna - Marketing specialist
 Judy Olivier – Faithful Store Manager
 Walt Moody – Walt's Bees
 All SFF RHS AgEd students
 Chris Sickler – Volunteer Extraordinaire
 Tom Barnas – Painter Extraordinaire
 Richard and Claudia Steele
 Loyd Johnson, Plumber/Gardener, and Lynn
 Nicholas Taylor & Christina Martin
 Ruchin & Associates
 Jen & Joe & Cecily – our loyal newbies!
 Welcome!
 Nick West for dedicated tractor attention (& dad!)

Our Farmer Friends

Hop-A-Long 4-H Club
 RHS Ag.Ed. Department & Students
 Aussakita Acres Farm
 Burbank Bend Farm – Adam
 Hytone Farm
 The Farmer's Cow
 Schaub Family Farm

Farm Photographers

Dan Villeneuve
 Andre Garant
 Community Voice Channel
 Mike Nelson and Ron Sperry and all those who share their special photos with us!

**Thanks to all our 7th Annual Virtual
Chicken Run Sponsors and The
Last Mile race organizers and those
registering to run or walk
VIRTUALLY!
YOU MADE IT HAPPEN!!**



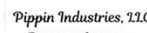
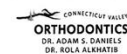
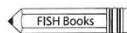
PRO HEALTH
 CHIROPRACTIC CENTER

Penny and Brian Motola



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 PEDIATRIC & YOUNG ADULT CARDIOLOGY



**AND A SPECIAL THANKS TO ALL WHO
HELPED MAKE OUR YEAR A SUCCESS!**